

Position	Name	Surname	Course	Swim Time	Bike Time	Run Time	Total time
1	Stefan	Sowa	Sprint	11:55:00	24:50:00	16:15:00	53:00:00
2	Damian-Lee	Wallace	Sprint	10:42:00	35:45:00	15:07:00	01:01:34:00
3	Anelda	Coetzee	Sprint	14:29:00	26:01:00	25:16:00	01:05:46:00
4	Jayde	Oates	Sprint	14:27:00	28:40:00	23:09:00	01:06:16:00
5	Martie	Bergh	Sprint	12:32:00	29:16:00	24:32:00	01:06:20:00
6	Mark	Fairbanks	Sprint	19:26:00	28:39:00	19:33:00	01:07:38:00
7	Matthew	Knoetze	Sprint	17:55:00	31:45:00	19:22:00	01:09:02:00
8	Mark	Human	Sprint	21:00:00	29:05:00	23:46:00	01:13:51:00
9	First	Tri	Sprint	21:01:00	32:20:00	21:18:00	01:14:39:00
10	Michele	Murry	Sprint	16:19:00	39:00:00	25:15:00	01:20:34:00
11	Sam	Bell	Sprint	15:19:00	34:54:00	31:25:00	01:21:38:00
12	Danielle	Van der Spuy	Sprint	25:48:00	48:20:00	26:48:00	01:40:56:00

Position	Name	Surname	Course	Swim Time	Bike Time	Run Time	Total time
1	Kelly	Van Der Toorn	Super Sprint	06:17:00	17:30:00	09:26:00	33:13:00
2	Michael	Peacock	Super Sprint	10:06:00	16:16:00	08:09:00	34:31:00
3	Ronaldo	Van Graan	Super Sprint	09:04:00	20:53:00	08:10:00	38:07:00
4	Jeanne	Topliss	Super Sprint	07:22:00	20:30:00	10:23:00	38:15:00
5	Liam	Scholtz	Super Sprint	09:45:00	19:54:00	09:11:00	38:50:00
6	Lorenzo	Pritchard	Super Sprint	10:02:00	20:40:00	11:12:00	41:54:00
7	Edward	Sullivan	Super Sprint	11:13:00	20:50:00	10:05:00	42:08:00
8	Tamsyn	Roos	Super Sprint	11:01:00	21:16:00	10:23:00	42:40:00
9	Berenice	Lemaitre	Super Sprint	08:44:00	23:30:00	10:32:00	42:46:00
10	Shane	Scholtz	Super Sprint	11:52:00	23:49:00	09:43:00	45:24:00
11	Atlantis	Team	Super Sprint	13:13:00	24:17:00	08:08:00	45:38:00
12	Nazley	Patton	Super Sprint	10:55:00	21:54:00	13:55:00	46:44:00
13	Zibeth	Hansen	Super Sprint	10:33:00	20:46:00	17:25:00	48:19:00
14	Michele	Stuurman	Super Sprint	11:48:00	25:50:00	12:24:00	50:02:00
15	Morne	Booyesen	Super Sprint	07:59:00	31:18:00	10:51:00	50:08:00
16	Anja-Voné	Van Der Colff	Super Sprint	13:38:00	24:00:00	13:10:00	50:48:00
17	Megan	Kotzee	Super Sprint	14:25:00	22:55:00	14:01:00	51:21:00
18	Eurika	Goosen	Super Sprint	10:21:00	28:15:00	13:09:00	51:45:00
19	Caylene	Smith	Super Sprint	10:42:00	28:40:00	13:00:00	52:22:00
20	Felicity	Van Wyk	Super Sprint	16:06:00	23:40:00	12:48:00	52:34:00
21	Zavier	Abrahams	Super Sprint	09:08:00	35:20:00	08:16:00	52:44:00
22	Rosalind	Witte	Super Sprint	09:41:00	32:10:00	13:58:00	55:39:00
23	Kim	Norton	Super Sprint	13:10:00	30:09:00	14:24:00	57:43:00
24	Vera	Retief	Super Sprint	12:34:00	33:10:00	13:30:00	59:14:00
25	Zac	Scholtz	Super Sprint	12:47:00	35:36:00	12:21:00	01:00:44:00
26	Hush	Babes	Super Sprint	09:11:00	38:55:00	17:03:00	01:05:09:00
27	Tatyana	Rudolph	Super Sprint	11:26:00	38:38:00	15:37:00	01:05:41:00
28	Ethan	Fairbanks	Super Sprint	DNF	22:52:00	13:00:00	35:52:00