

5km Fun Run Female Results				
Position	Gen.	Name	Surname	Time
1	Female	Marene	Evans	25:26.989
2	Female	Kim	Hendricks	28:42.518
3	Female	Esona	Ndzunga	30:15.944
4	Female	Kelly-leigh	Reifarth (harris)	31:27.287
5	Female	Annelies	Van Almenkerk	31:29.642
6	Female	Kathy	Van Niekerk	33:39.059
7	Female	Sinesipho	Dubo	34:24.666
8	Female	Danette	Linde	35:17.199
9	Female	Ivonne	De Villiers	39:02.492
10	Female	Mariechin	Pienaar	40:16.961
11	Female	Melissa	Rossouw	40:53.677
12	Female	Nazli	Davids	45:02.959
13	Female	Natasha	Macey	47:01.662
14	Female	Megan	Mostert	47:11.183
15	Female	Mila	Harper	47:12.910
16	Female	Juanita	Scheffer	53:13.632
17	Female	Tersia	Schneider	53:19.388
18	Female	Bella	Van Jaarsveld	53:25.572
19	Female	Liesl	Jaarsveld	55:04.446
20	Female	Milan	Swart	55:09.121
21	Female	Lelanie	Swart	55:32.918
22	Female	Annadene	Plaatjies	55:48.880
23	Female	Tracey	Cramer	59:00.097
24	Female	Kiara	Macey	59:16.261
25	Female	Helena	Malherbe	59:51.982
26	Female	Yachika	Lala	1:00:33.919
27	Female	Katlego	Noma	1:00:36.261
28	Female	Wendy	Mostert	1:04:12.723
29	Female	Sam	Harper	1:04:27.367
30	Female	Jae	Cockcorft	1:05:30.309

5km Fun Run Male Results				
Position	Gen.	Name	Surname	Time
1	Male	Nicholas	Le Roux	21:44.595
2	Male	Adam	Ellman	22:05.844
3	Male	Inamandla	Mgujulwa	24:29.619
4	Male	Hein	Bruiners	25:17.525
5	Male	Myeki	Thomas	26:42.597
6	Male	Andre	Ellman	26:45.857
7	Male	Njongo	Mapisa	27:30.381
8	Male	Cameron	Quimpo	28:38.795
9	Male	Cornel	Jonker	30:39.504
10	Male	Ryan	Bevan	30:54.126
11	Male	Ruben	Eloff	31:45.328
12	Male	Emmanuel	Quimpo	31:50.655
13	Male	Randall	Smith	32:59.533
14	Male	Stanley	Jonck	33:03.729
15	Male	Jan	Linde	33:53.374
16	Male	MornÃ©	Van Rooyen	33:56.805
17	Male	Steven	Scheun	34:32.557
18	Male	Douglas	Tayler	40:18.205
19	Male	Josh	Fairbanks	41:21.720
20	Male	Aidan	Smeda	44:07
21	Male	Christiaan	Linde	44:26.740
22	Male	Travis	Knipe	44:42.249
23	Male	Phillip	Van Staden	44:50.347
24	Male	Jan	Van Staden	44:55.686
25	Male	Braam	Smit	45:07.466
26	Male	Ben	Engelbrecht	53:05.165
27	Male	Declan	Gierz	59:23.765
28	Male	Andrew	Cramer	1:02:00.987
29	Male	Grant	Mostert	1:04:19
30	Male	Kevin	Ramsay	1:04:23.894
31	Male	Justin	Hayward	1:04:29.612

Maxi (20km) Female Results								
Position	Gen.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	Female	Liz	Marshall	23:23.965	24:00.930	24:36.050	24:16.993	1:36:17.938
2	Female	Ankia	Wallace	25:42.307	25:12.898	25:18.977	25:48.249	1:42:02.431
3	Female	Maritsa	Kotze	27:54.303	28:14.262	28:24.067	29:54.068	1:54:26.700
4	Female	Hanrie	Janse Van Rensburg	28:29.531	29:03.053	29:14.666	29:56.290	1:56:43.540
5	Female	Jenna	Jolliffe	30:42.401	32:47.998	31:44.167	33:12.163	2:08:26.729
6	Female	Anri	Smith	32:07.984	32:23.775	32:10.003	33:11.919	2:09:53.681
7	Female	Anya	Glazer	31:13.861	34:21.568	35:40.123	39:16.310	2:20:31.862

Maxi (20km) Female Results								
Position	Gen.	Name	Surname	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	Male	Neil	Broers	20:52.390	20:07.956	20:07.898	20:12.393	1:21:20.637
2	Male	Liam	Matthews	20:51.165	22:15.411	25:23.377	27:52.910	1:36:22.863
3	Male	Damian-lee	Wallace	25:41.103	25:12.228	25:18.712	25:51.266	1:42:03.309
4	Male	Simon	Marshall	25:48.748	26:28.253	26:36.884	26:38.823	1:45:32.708
5	Male	Glenn	Matthews	26:52.458	26:35.102	26:20.184	26:22.580	1:46:10.324
6	Male	Adrian	Wiehahn	26:40.943	26:49.124	26:57.488	27:09.263	1:47:36.818
7	Male	Joshua	Frazer	28:18.892	29:15.925	29:26.051	32:32.561	1:59:33.429
8	Male	James	Frazer	28:22.215	29:18.915	29:17.763	32:40.389	1:59:39.282
9	Male	Chris	Anthonissen	31:08.920	31:12.265	32:24.304	32:30.370	2:07:15.859
10	Male	Stefan	Engelbrecht	28:38.528	31:53.616	33:31.352	34:49.205	2:08:52.701
11	Male	Mandlenkosi	Moyo	34:28.816	35:47.134	37:28.846	39:20.418	2:27:05.214

Mini (10km) Female Results						
Position	Gen.	Name	Surname	Lap 1	Lap 2	Time
1	Female	Beth	Stevenson	33:54.878	36:08.842	1:10:03.720
2	Female	Lauren	Cloete	35:46.755	40:55.830	1:16:42.585
3	Female	Bulelwa	Noma	43:16.411	44:39.143	1:27:55.554
4	Female	Belle	Miller	42:30.380	47:45.131	1:30:15.511
5	Female	Heather	Cradock	41:20.190	49:45.491	1:31:05.681
6	Female	Tanya	Engelbrecht	41:21.717	49:47.662	1:31:09.379
7	Female	Kim	Vaughan	45:23.136	53:20.442	1:38:43.578
8	Female	Chantell	Engelbrecht	31:30.185	1:07:59.803	1:39:29.988
9	Female	Jacki	Frazer	49:48.763	51:32.391	1:41:21.154

Mini (10km) Male Results						
Position	Gen.	Name	Surname	Lap 1	Lap 2	Time
1	Male	Grant	Quixley	23:08.405	25:17.737	48:26.142
2	Male	Ronan	Macey	27:31.329	25:15.208	52:46.537
3	Male	Edward	West	25:36.144	27:22.284	52:58.428
4	Male	Marc	Dennler	28:13.981	28:06.412	56:20.393
5	Male	Cameron	Fisher	28:23.022	33:25.415	1:01:48.437
6	Male	Ruan	Janse Van Rensburg	26:04.206	41:04.572	1:07:08.778
7	Male	Mark	Wiercx	32:05.241	36:47.225	1:08:52.466
8	Male	Juan	Wiese	39:47.018	40:54.490	1:20:41.508
9	Male	Michee	Lunkamba	45:25.155	53:16.763	1:38:41.918